

ONE HEART WAY

Spiritual Healing and Coaching Programs

Overview

The Spiritual Healing and Coaching virtual programs are a 3-month commitment for those who are truly seeking transformation in their lives and understand that inner work and healing is the foundation of external meaning and connection in the world around us. Each healing session is



designed to work with the mental, emotional, physical and spiritual aspects that make up who we are, and give us more freedom and flow in our life so we may enjoy our soul journey with grace and ease.

3-Tiers to Choose From

There are 3 different level tiers you can choose from to meet the monthly support you desire. Read through each tier and quietly ask yourself which one is right for you, and then follow your inner guidance.

Tier 1 - \$222

- Includes **2 hours** of one-on-one virtual Reiki Energy Healing
- Access to the monthly group healing
- Allowed to bring **1 guest for free** to monthly group healing

Tier 2 - \$333

- Includes **3 hours** of one-on-one virtual Reiki Energy Healing
- Access to the monthly group healing
- One **30 minute virtual coaching session** catered to current needs/wants
- Allowed to bring up to **2 guests for free** to monthly group healing

Tier 3 - \$444

- Includes **4 hours** of one-on-one virtual Reiki Energy Healing
- Access to the monthly group healing
- One hour **virtual or in person** coaching session catered to current needs/wants
- **Unlimited guests** for free to monthly group healing
- One hour coaching sessions can be substituted for in-person sessions which includes Siwa Murti Healing, Kundalini Activation, and Intuitive Hands on Body work. (Only available for substitution for Tier 3)

***Martial Arts Training** add-on available for all tiers. Please let Scott know in your email if this is of interest to you*

What is Reiki?

Reiki is a high frequency energy that works with the mental, emotional, and spiritual aspects of your life. By restoring the balance and harmony between these facets of your life and their physical manifestations, Reiki can facilitate bodily healing. Reiki further assists by raising the energy frequency in areas of the body, canceling out negative energy, releasing blocks and trapped emotions, allowing mental clarity, emotional balance, and physical ease and comfort.

About Your Guide

Scott (Svethan) Cvetkovski is the Founder and Master Teacher of One Heart Way. Scott has been trained by world-renowned William Rand and is a **Usui Holy Fire III Reiki Master, Holy Fire III Karuna Reiki Master, Online Holy Fire III Reiki Master, and Usui Reiki Ryoho Gakkai Reiki Master**. Scott is also a **Siwa Murti Healer and Kundalini Activation Facilitator**. Scott has received the **Holy Fire Reiki III World Peace Master Ignition** and the **Golden Dragon Healing Attunement**.

Scott is a **Professional Member of the International Center for Reiki Training** and teaches all the classes for One Heart Way. Scott previously founded Positive Sports Leadership, a leadership, emotional intelligence and athletic development company that specialized in internal

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development to produce athletic performance. Scott is also a **certified emotional intelligence practitioner, instructor of social and emotional learning and development, a fifth-degree black belt in Isshin-Ryu Karate**, author, career coach for young adults on the spectrum and graduate business students, and has achieved a Master of Science in Executive Leadership and Change from Daemen College.

Seeing the need for combining movement, breath, and spirituality, Scott has created [Integrative Martial Arts](#) to assist the community in their mental, emotional and physical well-being through the martial arts. Through the black belt principles; modesty, courtesy, integrity, self-control, perseverance, and indomitable spirit, students are able to navigate their daily lives with confidence and ease.



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FOR MORE INFORMATION ABOUT SCOTT OR HEALING CLASSES, PLEASE VISIT WWW.ONEHEARTWAY.ORG